



# SAINTS SOUTHWEST

A PARTNERSHIP WITH  
SOUTHAMPTON FOOTBALL CLUB

EYFS	Autumn 1- Fundamental movements	Autumn 2- Gymnastics/ Yoga class split half in the classroom half in the hall	Spring 1 *Dance *ABC'S	Spring 2- -*Multi Skills -*Football	Summer 1 -*Cricket -*Problem solving	Summer 2 - -*Athletics -*Tennis
Year 1	Autumn 1 - -*Multi skills -*Fundamental movements	Autumn 2 - Gymnastics/ Yoga class split half in the classroom half in the hall	Spring 1 - *Dance *football	Spring 2 -*Hockey - *Basketball	Summer 1 - -*Cricket -*Swimming	Summer 2 - -*Athletics -*Tennis
Year 2	Autumn 1- -*Fundamental movements -  *coordination with equipment - striking and fielding I.E (rounders,	Autumn 2 - Gymnastics/ Health and fitness  class split half in the classroom half in the hall	Spring 1 - *Dance *Basketball	Spring 2- -*Netball -*Dodgeball	Summer 1 - -*Tennis -*Swimming	Summer 2 - -*Athletics -*Cricket

	dartmoor 3 ball, cricket , tennis)					
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Year 3	<p>Autumn 1- -*coordination with equipment - striking and fielding I.E (rounders, dartmoor 3 ball, cricket , tennis)</p> <p>-*Multi skills</p>	<p>Autumn 2- Gymnastics/ Health and fitness</p> <p>class split half in the classroom half in the hall</p>	<p>Spring 1 - *Dance -*Tag Rugby</p>	<p>Spring 2- -*Handball -*Dodgeball</p>	<p>Summer 1 - -*Cricket -*Swimming</p>	<p>Summer 2 - -*Athletics -* Tennis</p>
Year 4	<p>Autumn1</p> <p>- *Multi skills</p> <p>-* coordination with equipment - striking and fielding I.E (rounders, dartmoor 3 ball, cricket , tennis)</p>	<p>Autumn 2 - -Gymnastics/ Health and fitness</p> <p>class split half in the classroom half in the hall</p>	<p>Spring 1 - -*Dance -* Netball</p>	<p>Spring 2- *Tag rugby *Hockey</p>	<p>Summer 1 - *Swimming *Tri golf</p>	<p>Summer 2 - * Athletics *Cricket</p>

Year 5	<p>Autumn 1 -</p> <ul style="list-style-type: none"> <li>*coordination with equipment - striking and fielding I.E (rounders, dartmoor 3 ball, cricket , tennis)</li> </ul> <p>*Team building problem solving</p>	<p>Autumn 2- <b>Half in the hall half in the class room</b></p> <ul style="list-style-type: none"> <li>*Gymnastics</li> <li>*Health and fitness</li> </ul>	<p>Spring 1 -</p> <ul style="list-style-type: none"> <li>*Dance</li> <li>*Health and fitness</li> </ul>	<p>Spring 2-</p> <ul style="list-style-type: none"> <li>*Basketball</li> <li>*Cricket</li> </ul>	<p>Summer 1 -</p> <ul style="list-style-type: none"> <li>*Swimming</li> <li>*Tennis</li> </ul>	<p>Summer 2 -</p> <ul style="list-style-type: none"> <li>*Athletics</li> <li>*Softball</li> </ul>
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Year 6	<p>Autumn 1</p> <ul style="list-style-type: none"> <li>*coordination with equipment - striking and fielding I.E (rounders, dartmoor 3 ball, cricket , tennis)</li> </ul> <p>Team building problem solving</p>	<p>Autumn 2 - <b>Half in the hall half in the class room*</b></p> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>*Health and fitness</li> </ul>	<p>Spring 1</p> <ul style="list-style-type: none"> <li>*Dance</li> <li>*Health and fitness</li> </ul>	<p>Spring 2-</p> <ul style="list-style-type: none"> <li>*Badminton</li> <li>*Hockey</li> </ul>	<p>Summer 1 -</p> <ul style="list-style-type: none"> <li>*Athletics</li> <li>*Swimming</li> </ul>	<p>Summer 2 -</p> <ul style="list-style-type: none"> <li>*Cricket</li> <li>*Softball</li> </ul>
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### Autumn 1

**Main focus- Enjoying PE, building up social skills again- working within in teams and small groups- applying this to equipment based sports- building resilience - Variety of “striking and fielding” sports.**

*If in the hall and due to spaces class will be split in half allowing 30 minutes for each class to have PE with the Coach,*

*In regards to the first Autumn term the sports listed allows room for social distancing, equipment to be cleaned prior and after use, after each session in guidelines with the schools policy, as well as SSW.*

*Autumn 2 due to weather conditions it is more than likely we will be in the hall, when it is PE, half of the class will be split ,half to do YOGA/ health and fitness in the classroom which will assist with gymnastics, other half in the hall working with the coach on gymnastics again the equipment will be cleaned prior to the lesson and after. If the teacher is more confident teaching Gymnastics then we can swap and the coach will be in the classroom.*